

# High-Quality Licensed Child Care Fact Sheet

High-quality licensed child care provides Ontario's children with safe, responsive, and caring interactions that build a strong foundation for development and well-being.<sup>1</sup>

When children are nurtured in environments where their social, emotional, cognitive, and physical health is considered, **they thrive in countless ways.**

90%

of adult brain development occurs between birth and age five<sup>2</sup>

High-quality licensed child care helps children develop vital skills during their first five years, which marks a critical developmental period in a child's life.

Early childhood educators (ECEs) provide children with the foundation they need to grow into future leaders. ECEs use their extensive knowledge of learning and child development to create high-quality learning opportunities through play and exploration. **Educators are trained to:**



Understand brain development and how to support healthy growth<sup>1</sup>



Identify children's developmental stages and capabilities in social, emotional, cognitive, linguistic, and physical domains<sup>3</sup>



Build partnerships with families to support children's well-being<sup>3</sup>



Plan activities that promote learning and build on children's current abilities and interests<sup>3</sup>



Participation in high-quality learning environments, can help support children and their communities and to **improve social, health, and academic outcomes.**



## Benefits for children

01

Improved physical and mental well-being<sup>4</sup>

02

Decrease in chronic health problems<sup>7</sup>

03

Increased self confidence<sup>4</sup>

04

Improved outcomes in literacy,<sup>5</sup> math, and science<sup>6</sup>

05

Higher rates of completing high-school<sup>8</sup>

06

Increase in conflict resolutions skills<sup>4</sup>



## Benefits for communities

01

Increases the number of women in the workforce<sup>9</sup>

02

Decreases the need for social assistance<sup>9</sup>

03

Increases household income<sup>9</sup>

04

Decreases participation in criminal activity<sup>8</sup>

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