

# About Us

EarlyON Child and Family Centres in Northumberland offer places where children and their parents/caregivers can learn, play, laugh, be curious, make friends and engage with others!

Our drop-in programs, **recommended for children 6 years old and younger**, are free to join and offer play-based learning activities.

The programs offered include indoor, outdoor or virtual programming, such as creative indoor activities, family hikes, story time, programs for new parents and more.

Please note programs are subject to change. Please refer to the event calendar on our website or follow our Facebook page for the most up-to-date program information:

**[Northumberland.ca/EarlyON](https://northumberland.ca/EarlyON)**

 **NTHLDEarlyONCentres**

# Find your local EarlyON program

Our EarlyON Child and Family Centres are located throughout Northumberland County, including:

**Brighton**

**Campbellford**

**Cobourg**

**Colborne**

**Grafton**

**Hastings**

**Port Hope**

In addition to these locations, we also offer outreach programs at partner locations in other areas of the community. To view our locations and program calendar, visit **[Northumberland.ca/EarlyON](https://northumberland.ca/EarlyON)**.



# EarlyON

Child and Family Centre

## Program Guide

Free drop-in programs for children and their caregivers

# Connect with us

## Northumberland EarlyON Centres

To find your local centre, and for program details and dates, visit:

**[Northumberland.ca/EarlyON](https://northumberland.ca/EarlyON)**

 **@NTHLDEarlyONCentres**



**[Northumberland.ca/EarlyON](https://northumberland.ca/EarlyON)**



# Our programs

## Indoor & Outdoor Exploration

Have fun learning as you connect and play with your child, meet other families, and receive parenting information from trained Early Childhood Educators. When you attend an EarlyON Exploration program, you can expect opportunities for creative art, songs and rhymes, story readings, science and nature activities, dramatic play and active play.

## Evening Exploration program

We offer a monthly evening program of indoor exploration at all locations. This program is accompanied by a light meal. Registration is required.

## New Parent program

During this program, new parents/ caregivers and their babies can have fun socializing, playing and learning together. This program may include guest visits from community partners, driven by the interests and needs of parents in the program. This program is available in Cobourg and Trent Hills.



## Hiking programs

Explore Northumberland County Forest with EarlyON as we hike together. Some hiking programs are offered in partnership with the County's Natural Heritage team and will include a guided hike with a Forest Technician to answer our curiosities about the forest and its unique habitats!

## Library programs

We offer programming in partnership with local libraries, including programs delivered at local libraries throughout Northumberland and visits from local librarians to our EarlyON centres.

## EarlyON guest visits

EarlyON guest visitors may attend our programming to share resources with parents and to make further connections with families. Visitors may include resource consultants, nurses from the Haliburton, Kawartha, Pine Ridge District Health Unit and more.

## Special events

Join EarlyON as we explore the unique places Northumberland County has to offer, including Sandy Flat Sugar Bush, Haute Goat Farm, Barrett's Christmas Tree Farm, Old Mill Alpacas, Roseneath Carousel, and local fire stations. Registration is required for these special programs.

## Outreach programs

If there is no dedicated EarlyON site in your area, we also offer outreach programs, which bring EarlyON programs to additional locations throughout Northumberland. Please keep an eye on our Facebook page and the event calendar on our website for information about outreach programs coming to your community.

## Indigenous programs

Our Indigenous team provides children and families with programming that incorporates Indigenous cultural teachings and knowledge, traditional songs, dancing, drumming, and Ojibway language teachings into the learning experience. The program works to promote cultural awareness, while fostering healing and reconciliation for urban Indigenous and non-Indigenous children, youth and families.

## Language on the Land website

Visit this website to explore the language of the Anishinaabe people, through child-friendly characters that provide cultural tales, word games, and language learning.

To learn more, visit  
**[LanguageOnTheLand.com](https://LanguageOnTheLand.com)**

